

Contact us



Schedule a confidential in-person, video or phone appointment.

In the moment support.

The Physician Assistance Program is here for you 24/7; you can call **866-724-4327** at the time that is right for you.

Visit eap.partners.org to request an appointment online.



We serve Mass General Brigham.

Call or check our website for a list of office locations.

Here for you...
Help for you.

The Physician Assistance Program is committed to your emotional well-being.

Physician Assistance Program

The Physician Assistance Program

is a free and confidential Work and Life Resource. The Physician Assistance Program offers short-term counseling, educational programs, and resources and referrals. Whatever is troubling you, you don't have to face it alone.

Help is available 24 hours a day,
7 days a week.



About Physician Assistance Program

Who can use the Physician Assistance Program?

Professional staff and household family members. Access is easy and there is no cost to you.

When can I talk to a Counselor?

A compassionate counselor is available 24/7, 365 days of the year to help you with life's stressors so that you can live a happy and productive life. Simply call the toll-free number or visit the Employee Assistance Program (EAP) website for online resources.

Will anyone know I have used the Physician Assistance Program?

Contact between you and the Physician Assistance Program is confidential. No information is included in your medical record or personnel file.

Workgroup crisis response

Our Physician Assistance Program counselors are skilled at supporting leadership, staff, and employees in the aftermath of traumatic incidents or adverse medical events that can disrupt patient care, operations, and staff well-being.

Online resources

Visit our website for helpful information, resources, self-assessment tools and upcoming dates for our well-being and work-life webinars. The site is available in multiple languages.

Staff and Employee Lactation Resources

The Program provides staff and employee lactation resources and rooms. See the EAP website for information about what is available at your organization.

The Physician Assistance Program really helped me get my life back together. My partner and I are getting along much better now.

What can Physician Assistance Program help with?

- Anxiety
- Child care
- Depression
- Elder care
- Emotional well-being
- Family and parenting Issues
- Financial concerns
- Grief, loss
- Intimate partner abuse
- Legal issues
- Marital and relationship problems
- Physical illness
- Physical, emotional and sexual abuse
- Stress
- Substance use problems
- Workplace issues