

EAP Support Groups

Addiction

Anxiety

Anxiety Support for Women

Bipolar

Depression

Depression Recovery for Women

Get It Done When You're Depressed

Grief

Parenting

Support Groups for MGB Nurses



Never Worry Alone

Join free drop-in virtual meetings to talk with a small group of peers facing the same challenges.



SCAN OR CLICK TO ACCESS
GROUPS VIA HeyPeers

Sponsored by MGB Employee Assistance Program | 866.724.4327 | eap.partners.org

<https://eap.partners.org/taking-care-of-you/mass-general-brigham-wellness-programs/#HeyPeers>