

## Easy Access to EAP Services

Get the right support at the right time. For information, consultation or to schedule an appointment, call Monday through Friday, 8am – 5pm. Appointments are available weekdays to accommodate all shifts. We also offer 24 hour on-call crisis response.

### EAP offices are located at:

- ▶ Assembly Row
- ▶ Brigham and Women’s Hospital
- ▶ Brigham and Women’s Faulkner Hospital
- ▶ Cooley Dickinson Health Care
- ▶ Massachusetts General Hospital
- ▶ McLean Hospital
- ▶ Newton-Wellesley Hospital
- ▶ Salem Hospital
- ▶ Union Hospital
- ▶ Other locations

Appointments are available at any EAP office regardless of where you work or live.

### Visit the Partners EAP website now!



[www.eap.partners.org](http://www.eap.partners.org)



Partners EAP is accredited by the Council on Accreditation (COA) as a provider of the highest quality EAP services.

*“I felt safe discussing my issues – I never felt judged, and always felt guided around what information and resources I needed.”*

### Does your partner ever:

- ▶ Call you names or put you down?
- ▶ Blame you when things go wrong?
- ▶ Repeatedly make you late for, or cause you to miss work?
- ▶ Not allow you to visit your friends or family?
- ▶ Repeatedly call or check up on you while you’re at work?
- ▶ Scare or intimidate you in any way?
- ▶ Threaten to take away or hurt your children?
- ▶ Force or pressure you to have sex?
- ▶ Hit, slap, push or hurt you?

If you answered **yes** to any of these questions, **we can help.**

**To schedule a confidential appointment, call: 1-866-724-4EAP (4327)**

### Important Numbers

SafeLink (MA 24-hour hotline)  
1-877-785-2020

National Domestic Violence Hotline  
1-800-799-7233

## Services for Intimate Partner Abuse

Everyone deserves to be safe



Through the seasons of life.

Partners  
Employee Assistance  
Program

Work&Life Resources



FOUNDED BY BRIGHAM AND WOMEN’S HOSPITAL AND MASSACHUSETTS GENERAL HOSPITAL

1-866-724-4EAP (4327)

## When you need support...

If you are currently experiencing, or have experienced abuse in an intimate relationship, support is available. The Employee Assistance Program (EAP) provides free, confidential services to anyone concerned about intimate partner abuse.

*The EAP is committed to helping employees feel safe – in their homes, communities and workplaces.*

## What is the EAP?

The EAP is a **free and confidential** Work&Life resource. We provide consultation, short-term counseling, and referrals. The EAP serves Partners Healthcare affiliates as well as Dana-Farber Cancer Institute and Mass Eye and Ear. We can assist any employee, medical staff, or their household members who have concerns about intimate partner abuse.

## Will anyone know I have used the EAP?

All contact between you and the EAP is confidential. Your visit is private. No information can be reported about you or your use of the EAP to anyone without your written consent, except when required by law. Nothing is included in your medical record or personnel file.

*“Services at work saved my life. It made getting help both convenient and possible.”*

## What is Intimate Partner Abuse (IPA)?

Intimate partner abuse is a pattern of assaultive and coercive behaviors including physical and/or emotional attacks that are meant to gain power and control over one’s partner. There are many different kinds of abusive behavior: emotional, verbal, economic/financial, spiritual, physical, and sexual as well as threats, stalking/surveillance, isolation and intimidation.

*“My feelings were validated and I was not alone... I felt safer mentally with the network of support available.”*

## Who is affected?



Intimate partner abuse impacts us all. Nearly one in four women in the US will experience violence by a current or former partner at some point in their lives. (CDC, 2010).

Partner abuse knows no boundaries, occurring among people of all races and socio-economic classes. People from all cultures, religious backgrounds and sexual orientations may be impacted across the life span. Survivors from disadvantaged communities often face additional risks.

Partner abuse can also impact someone’s ability to work and earn an income. Victims lose a total of nearly 8 million days of paid work each year as a result of domestic violence (CDC, 2003).

## Services for employees

The EAP Domestic Violence Coordinator provides customized services to employees affected by intimate partner abuse. All EAP Consultants are also trained to assess and respond to concerns about abuse by providing options such as:

- ▶ **ADVOCACY**, counseling, and information
- ▶ **SAFETY PLANNING** for home and work
- ▶ **RISK** assessment
- ▶ **REFERRALS** to community resources
- ▶ **SUPPORT GROUPS** for survivors
- ▶ **WORKPLACE** advocacy with hospital-based domestic violence programs, HR, Security and other hospital resources when appropriate
- ▶ **ASSESSMENT** for those who are concerned about their own abusive behaviors

## Services for the workplace

The EAP is committed to helping the workplace respond to the needs of employees affected by domestic violence. We offer:

- ▶ **TRAINING**, outreach and education
- ▶ **CONSULTATION** to Management, Human Resources, Occupational Health, etc.
- ▶ **WORKGROUP** support and interventions
- ▶ **SAFETY PLANNING**, with the employee’s permission, to plan for the safety of the workgroup when incidents of IPA affect the workplace.
- ▶ **INFORMATION** about workplace leave to address an abusive situation.

Here for you...

help for you...

through the seasons of life.